Sloth Challenge
All Ages

For this activity watch the video of Curly the sloth and his zookeepers. Click here to watch!

Find a safe place you can hang on with your hands just like Curly did on his special limb. How long can each person in your family hang from their fingers?

Have everyone in the family try to do something the slowest. Everyone must move continually, just very slowly. What was easy and hard about moving so slow?

Sloths spend almost their entire lives in trees because they don’t move very well on the ground. In fact, they can only move about 1 foot a minute! Everyone try to crawl like a sloth. To do this, get in a crawl position. Next, spread your arms as far as possible so your face is inches from the ground. Finally, crawl from one place to the other. How does it feel to crawl like a sloth?